



Issue 2

October 2017

School of Family & Consumer Sciences



LIFE Center Newsletter

LIFE Center 3015 Lumpkin Hall

For FREE
information and
advice

Schedule an
appointment by
emailing
life@eiu.edu
during the
following times:

Mondays

2:00pm-4:00pm

Tuesdays

12:00pm-4:00pm

Thursdays

10:00am-12:00pm

Make sure to
include the topic
you'd like to
discuss in the
email!

SAVVY SOCIALIZING

Tips and Tricks to Socialize on Budget!

Being in college, students are often conflicted between sticking to a budget and saving money but also wanting to have a social life, because let's be real, socializing can be expensive. However, college is the one time in our life when we have the freedom to come and go as we please, so we should make the most of it right? Right. Yet, when you think of socializing it often is associated with going out and spending money...whether that's going to grab food with your roommate, going to the movies, grabbing coffee before class, going out on a Friday night. Those things while fun, they also cost money, and can add up...

Having a social life is important for your sanity—it's good for the soul (they say laughing is the best medicine after all!!). That being said, creating a monthly budget to see just how much money you have to spend on a night out with friends is a good place to start for savvy socializing. The first step is to know how much money you have available to socialize with your friends. Stop by the LIFE Center to get assistance with a personalized monthly budget.



Once you know how much money you have to spend on social outings, then you can make your plans!!

Especially in the fall months, there are usually festivals, markets, fairs, and music events on the weekends either free or very affordable! Doing some research about events going on in the town is your best bet! Below are just a few that might be of interest: **Torchlight Halloween Hike/Pumpkin Carving Contest, First Fruit Homestead Farm, Fox Ridge State Park, Lincoln Log Cabin Historic Museum!** All of these activities are free and fun for your friends to go and enjoy! This time of year the trails and parks are beautiful with the changing colors all around!

Like I mentioned, dining out is a major way to socialize—food brings people together. If you're looking to go out to eat with some friends, make sure to check out local restaurants deals or specials in order to stay savvy!

Dirty's: They have daily specials such as Tuesdays \$2 off Taco items, Wednesdays \$2 off wings and Thursdays \$2 off Burgers!

Brick House: ½ appetizers during Happy Hour, they post specials on their Facebook page!

Smoky's: 7 daily specials under \$7, be sure to check their Facebook page for more!

Los Potrillos: 10% off with student ID

Domino's: they always run coupons such as medium 2-topping pizza for 8.99, feeds about 3 people, that's \$3 each!

Arby's: 10% off with student ID

Chick-fil-a: use a student ID to get a free drink with purchase

AMC Movie Theater: offer discounted prices to students with valid ID

Never be afraid to ask a restaurant or store if they offer a student discount, it never hurts to ask!

Happy savvy socializing!!