

Amanda Falk, MS, RD

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EDUCATION

Carle Foundation Hospital, Urbana, IL

Dietetic Internship – Supervised Practice

May 2018 - December 2018

Eastern Illinois University, Charleston, IL

Master of Science in Nutrition and Dietetics

August 2017 - December 2018

Cumulative GPA: 3.81/4.0

The University of Illinois at Urbana-Champaign, Champaign, IL

Bachelor of Science in Food Science and Human Nutrition - Concentration in Dietetics

Minor in Spanish

August 2013 - May 2017

Cumulative GPA: 3.44/4.0

Dean's List: Fall 2016 & Spring 2017

VOLUNTEER & WORK EXPERIENCE

Carle Foundation Hospital, Urbana, IL

December 2018 – Present

- Dietitian Assistant, *Part-Time*
 - Utilize Nutrition Care Process to assess, diagnose, implement, monitor and evaluate nutrition interventions
 - Effectively counsel and provide nutrition education to patients and family

Eastern Illinois University, Charleston, IL

- Graduate Assistant, Literacy in Financial Education (LIFE) Center August 2017 – May 2018
 - Prepared and gave presentations to undergraduate classrooms and on-campus organizations
 - Planned and executed financial literacy Spring conference, *Financial Fundamentals*

University of Illinois at Urbana-Champaign, Champaign, IL

- Dietetics Peer Mentor September 2016 - May 2017
 - Provided coaching and guidance to freshman and sophomore dietetics students
- Food Science and Human Nutrition Student Ambassador September 2016 - May 2017
 - Represented the department at prospective student events
- Research Assistant, Peer-Education About Weight Steadiness (PAWS) Program August 2016 - May 2017
 - Observed, recorded and led education lessons on nutrition and physical activity for students and parents
 - Collected anthropometric data and conducted 24-hour dietary recalls with program participants
- Research Assistant, Renal and Cardiovascular Disease Research Laboratory February 2016 - May 2016
 - Compiled dietary recalls for 30+ hemodialysis patients into Nutrition Data Systems for Research (NDSR) software
- Learning Assistant, Quantity Foods Production and Service (FSHN 340) January 2016 - May 2017
 - Supervised eight students on daily café and food production for 200 guests during lunch
 - Responsible for weekly invoice entry into ChefTec® software

Vista Health Systems, Waukegan, IL

May 2014 - August 2016

- Dietetics Volunteer
 - Interviewed 50+ patients with various diseases and their families to ensure food service satisfaction
 - Created presentations and information packets for community outreach programs

Gurnee Park District Aquatic Center, Gurnee, IL

- Promoted to Customer Care Coordinator May 2010 – May 2018
 - Coached, developed, and evaluated customer service team members and managers (13)
 - Managed facility inventory, procurement, and guest relations
 - Collaborated with management staff, developed and led effective staff trainings throughout the summer
- Previously held positions: Customer Care Manager, Customer Care Member, Swim Lesson Instructor

MEMBERSHIPS, ACTIVITIES, & HONORS

Eastern Illinois Dietetics Association Member

September 2017 - Present

The Academy of Nutrition and Dietetics Member

October 2013 - Present

Alpha Zeta Professional Honors Society

October 2016 - May 2017

Alpha Chi Omega Sorority

September 2013 - May 2017

CERTIFICATES

Nutrition Facts Label Certificate of Training, Abbott Nutrition Health Institute

July 2018

Managers' Food Safety, ServSafe

October 2015 - Present

PUBLICATIONS AND CONFERENCES

Eastern Illinois University, LIFE Center Spring Conference, *Organizer, Keynote Speaker*

March 2018

Published on WalletHub, *How to Fix Your Credit*

October 2017

Published in Eastern Illinois Dietetic Association Newsletter

February 2017